

THE FLASH



Diana Weber

A Message from the President...

Happy New Year! This New Year, reach out to co-workers, friends, and neighbors who work in other school districts, tell them about the benefits of belonging to SNAI. Be sure to also tell them about the great time we have at meetings! Nancy Hogstad (President-Elect) is working very hard on membership this year to increase members. She led the Fall membership campaign and is already signed up for the Spring membership drive entitled, "Members are Forever", March 1 – April 30, 2007.

Thanks to Cathy Gehris (Vice-President and Nutrition/Education Chair) for organizing an excellent Nutrition Seminar on October 28th in Marshalltown. Also thanks to the staff at Marshalltown Schools for the wonderful lunch and everything they did to make that day a success. The attendees enjoyed the following topics: "Produce Safety", "Iowans Fit for Life", "The Whole Grain Story" and "Lead Your Life & "Help! My Merry Go Round is in Full Speed".

District workshops are planned for February 24th in Iowa City/Cedar Rapids, March 3rd in Humboldt, March 10th in Des Moines, March 17th in Harlan, March 31st in Paulina, and April 18th in Oelwein. The registration is in the FLASH and on the website, www.snaiowa.org.

Thanks also go out to Ann Feilmann (Secretary/Treasurer) for setting up an informative booth at the "Student Leadership Summit" at Iowa State

University Memorial Union on November 14th. This was the first student leadership summit sponsored by "Action for Healthy Kids".

Connie Edsall set up a wonderful booth at the Iowa School Board Association's Convention on November 16th in Des Moines. Connie along with many other SNAI members answered questions from school board members and school administrators about our association, wellness, and just school foodservice in general. This convention proved to us that there are many potential members in the state. Thank you Connie for organizing this event.

Please refer to the association calendar for upcoming events. Make sure you plan something special for National School Breakfast Week, March 5th – 9th; "A World of School Breakfasts" is the theme for this year. Check the SNA website, www.schoolnutrition.org for many ideas or the April and November issue's of School Foodservice & Nutrition for ideas and recipes.

March 4th – 7th, your President, Diana Weber; President-Elect, Nancy Hogstad; Vice President, Cathy Gehris; Legislative Chair, Beth Hanna; and Ann Feilmann from Marshalltown, Member at Large, will be traveling to Washington D.C. to visit with our legislative representatives.

Make sure you have June 19th – 20th on your calendar for the SNAI annual conference in Dubuque. LaRae Doll of Johnston has planned an exciting meeting and lots of new experiences in a new location for our group. Also be thinking about traveling next summer to Chicago for SNA's National Annual Conference, July 15- 18, 2007. We are planning to get a bus trip set up for a fun ride to ANC in Chicago.



SCHOOL NUTRITION ASSOCIATION
I O W A

Making the right food choices, together.

Remember our mission statement: **To advance good nutrition for all school-age children in Iowa.** Our vision is to make sure healthy school meals and nutrition education are available to all children in Iowa. Keep these two statements in mind everyday when you go to work and make a difference in the lives of our children.

If I can be of assistance to you or your school district, please do not hesitate to call or email. For phone numbers and emails check "Your SNAI Officers:" column on the next page. Also don't forget to check out our website, www.snaiowa.org. Best Wishes in the New Year 2007!

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Your SNAI Officers:

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MEMBERSHIP/CERTIFICATION*

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hogstadn@wdmcs.org

Child Nutrition Scholarships and Awards:

The School Nutrition Association sponsors several awards and scholarships to its members. Some are simple to apply for and win while some are more complex. SNA national (800-877-8822 or www.schoolnutrition.org) or state (563-823-0162 or www.snai.com) are sources of information and applications as well as your local chapter presidents and District Chairpersons.

The "Heart of the Program" award is a simple award. It is intended for any outstanding non-management staff member of SNA who influences the quality of school foodservice programs by customer service, interest in young people, cooperation, work attendance, creativity, active in professional growth, and the willingness to go the *extra mile*. These are the qualities used to determine winners. To be eligible, you need to be non-management staff, and can be nomination by any employee in the individual school (could be more than one nominee per District). There is a state, regional, and national winner. Entries are due by March 1 to the SNA President, Diana Weber.

The state association, **School Nutrition Association, Iowa**, offers cash scholarships up to \$600 for members' continuing education. Monies can be used for courses that are needed for formal training to achieve national certification or for college course of study. The application needs to be submitted to the past president, Laurie Crane by April 15. Simply write a personal letter describing your need and course of study.

The national association, **SNA**, offers \$500 to SNA members to attend the Annual National Conference. One per state. Deadline: June 2007

Industry Scholarships:

GED Jump Start to help individuals with funds to pay for CED classes, study materials, and the test fee. Amount: \$ 200. Applications accepted any time.

Nancy Curry Scholarship to assist SNA members working in school food service with undergraduate or graduate study at a vocational/ technical institution, community college, or college or university. It is also available for children of active members pursuing a school foodservice related field of study. Deadline: April 15th.

Schwan's Food Service Scholarship is available to SNA members who pursue formal education in a school foodservice related field and express a desire to make school foodservice a career. It is also available for children of active members pursuing a school foodservice related field of study. Amounts: \$150 to \$1,000. Deadline: April 15th

CNF Professional Growth Scholarship is offered for SNA members meeting criteria for the Schwan's Food service Scholarship who have completed at least one course toward a master's degree. Amounts: start at \$500. Deadline: April 15th



Legislative Corner

It's hard to believe that when you are reading this, the 1st session of the 110th Congress will be convened. The Iowa delegation to the House of Representatives includes two new congressmen*. Washington D.C. office addresses, telephone numbers, and emails will be up-dated in the next issue.

U.S. HOUSE OF REPRESENTATIVES

District 1 - Bruce Braley*

247 Sheridan Road
Waterloo, IA 50701

District 2 - Dave Loebsack*

610 3rd Ave. North
Mt. Vernon, IA 52314

District 3 - Leonard L. Boswell

1427 Longworth House Office Building
Washington, DC 20515

Phone: 202-225-3806

Fax: 202-225-5608

Toll Free Phone: 888-432-1984

<http://boswell.house.gov/> (web page)

District 4 - Tom Latham

2447 Rayburn HOB
Washington D. C. 20515

Toll Free: 866-428-5642

Phone: 202-225-5476

Fax: 202-225-3301

<http://www.tomlatham.house.gov/> (web page)

District 5 - Steve King

1432 Longworth Office Building
Washington D.C. 20515

Phone: 202-225-4426

Fax: 202-225-3193

<http://www.house.gov/steveking/> (web page)

REPRESENTING IOWA IN THE SENATE ARE:

Chuck Grassley

135 Hart Senate Office Building
Washington, DC 20510

Phone: 202-224-3744

<http://grassley.senate.gov/> (web page)

Tom Harkin

731 Hart Senate Office Building
Washington, DC 20510

Phone: 202-224-3254

Fax: 202-224-9369

<http://harkin.senate.gov/> (web page)

What can you expect to hear from Congress this year?

First, since the 109th Congress adjourned leaving all domestic spending programs without new appropriations for fiscal year 2007 and current funding is only until February 15, 2007, action must be taken. Included are food assistance programs such as the National School Lunch Program and School Breakfast Program.

Look for discussion on "food of minimal nutritional value" and what's called the "time and place" rule. Senators Harkin and Specter are co-authoring a bill to ensure that all foods and beverages served and sold in schools be held to a consistent and



appropriate standard. SNA has long been advocating for this as it makes

no sense to

have one set of rules for the cafeteria and a second set for the hallway. The current definition of foods of minimal nutritional value (FMNV) have been in place for many years and should be reconsidered to be consistent with the new Dietary Guidelines and Institute of Medicine report.

Thirdly, watch for the development of two bills:

- a. Food allergies and anaphylaxis management in schools
- b. A new farm bill

The farm bill is a collect of new laws and amendments to longstanding laws that sets the overall direction of federal food and farm policy for a specified number of years. Farm bill typically contain not only commodity price and income support provisions, but also provisions on agricultural trade, rural development, domestic food and nutrition assistance, foreign food aid and more. While nutrition programs such as the Food Stamp Program are reauthorized in the Farm Bill, the national School Lunch Program and other school-based child nutrition programs are not.

How can you keep up with what is going on in Washington, D.C. regarding school meals? Check SNA's web site for Legislative Action and read Tuesday Morning Policy Newsletter which is posted on SNA's web site weekly. Tuesday Morning is free to all members. Check it out weekly. Join the SNA delegation and attend the 35th Annual Legislative Action Conference in Washington, D.C. on March 4-7, 2007. Early bird registration deadline in February 2, 2007.

Beth Hanna, RD, LD, SFNS

Legislative Chairman, SNA Iowa

Your District Chairs

DISTRICT I CHAIR*

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**School Nutrition Association Iowa
50th Annual Conference Registration Form**

***“Celebrate School Nutrition-
Building Healthy Minds and Bodies”***

**June 19 and 20, 2007
Grand River Center & Grand Harbor Resort
Dubuque, Iowa**

Please Print Clearly:

Name: _____ School Name: _____ Town Located _____

Home Address: _____ City: _____ State: _____ Zip: _____

Summer Phone: _____ Email Address: _____ SNA Membership # _____

CONFERENCE SCHEDULE:

Tuesday Registration June 19th Includes:

- Breakfast
- Keynote Speakers and Breakout Sessions
- Luncheon
- Golf
- President's Reception
- River Boat Dinner Cruise

Wednesday Registration June 20th Includes:

- Wellness Walk
- Breakfast
- Keynote Speakers and Breakout Sessions
- Exhibits
- Officer Installation
- Door Prizes

CONFERENCE REGISTRATION FEES:

	SNA Member	Non- Member	Amount
Tuesday (Only), June 19	\$45.00	\$ 75.00	_____
Wednesday (Only), June 20	\$45.00	\$ 75.00	_____
Full Conference (Food Service Personnel/Manager)	\$65.00	\$125.00	_____
Full Conference (Food Service Director)	\$85.00	\$125.00	_____
LATE FEE APPLIES AFTER JUNE 5	\$20.00	\$ 20.00	_____
		TOTAL	_____

**For special needs or requests contact Norma LaMantia 563-823-0162*

Make check or purchase order payable to SNAI and mail to:

Norma LaMantia
SNAI
3232 Fernwood Ct.
Davenport, IA 52807
snaiowa@msn.com
*563-823-0162

One Person Per Registration Form – PLEASE MAKE COPIES

Grand Harbor Resort & Water Park

Hotel Reservations:

1-563-690-3270

(Tell them that you are attending the School Nutrition Association conference to receive the special rate)

\$89.00 1-2 guests

\$99.00 3-4 guests

(rate includes tickets to the water park)

Check it out!

www.grandharborresort.com



**School Nutrition Association Iowa
Annual Conference, June 18-20, 2006
Dubuque, Iowa**



Bus Transportation Registration

The School Nutrition Association recognizes that it is a long trip from the west side of the state to Dubuque! So SNA is partnering with our friends in industry to charter a bus(es) to make the trip fun, easier, less costly and more enjoyable for our members to attend the conference. For only \$20.00 you can ride the *Fun Ship Bus* to the SNA conference in Dubuque! You get transportation with your colleagues, a meal, snacks, beverages and delivery directly to the hotel/convention center and back.

There will be two pickup points, possibly three. The bus starts from Council Bluffs at 11:00 am, June 18th, pick up point to be determined. Another pickup point will be in Des Moines and Cedar Rapids to be determined. The bus leaves for home at 3:30 on June 20th.

You will need to make your **paid reservation by May 27th** to reserve your spot and allow time to determine how many buses are needed. Detach below, and send a check *separate* from registration, for \$20.00 made payable to School Nutrition Association and mail to:

Norma LaMantia
3232 Fernwood CT
Davenport, Iowa 52807
563-823-0162 (Phone)
563-359-4139 (Fax)

Name of Rider _____	Phone or Email _____
Pick-up Point _____ Council Bluffs _____ DSM _____ Cedar Rapids	
Name of Rider _____	Phone or Email _____
Pick-up Point _____ Council Bluffs _____ DSM _____ Cedar Rapids	
Name of Rider _____	Phone or Email _____
Pick-up Point _____ Council Bluffs _____ DSM _____ Cedar Rapids	

Nutrition Seminar in Marshalltown a Huge Success!

On Saturday, October 28th over 100 members traveled to Marshalltown for the 2006-2007 Nutrition Seminar. The meeting was held at the Marshalltown Intermediate School.

The first speaker was Chef Shawn Kiene who is the executive Chef at Reinhart Foodservice. He spoke to us about how produce is produced, harvested and packaged for sale by the Markon Produce Company. It was comforting to learn about all the sanitation measures taken to keep our food supply safe and wholesome. Chef Shawn brought sample products that could be incorporated into school menus for us to see first hand. He also shared some charts for figuring yields from as purchased produce and produce storage information. I think the most interesting thing he shared with everyone, was that there is no need to wash or rinse lettuce that is purchased chopped or shredded. In fact by rinsing or washing this ready to serve product, contaminants can be introduced that were not there to begin with!

Next we heard from Carol Voss R.D., Department of Public Health. She let us know about the "Iowans Fit for Life" program. We learned about where Iowans rank in their consumption of fruits and vegetables and physical fitness nationwide and what we need to do to help improve the health of Iowans. Our wellness policies are important in this endeavor.

Following Carol Voss we learned a lot about whole grains from Dr. Marla Reicks who is a speaker with the General Mills Bell Institute of Health and Nutrition. There were ideas on how to incorporate more whole grains in the meals we serve at school and why it is so important to the school children's health. We even had a quiz at the end to make sure we were listening!!!! We all passed with flying colors.

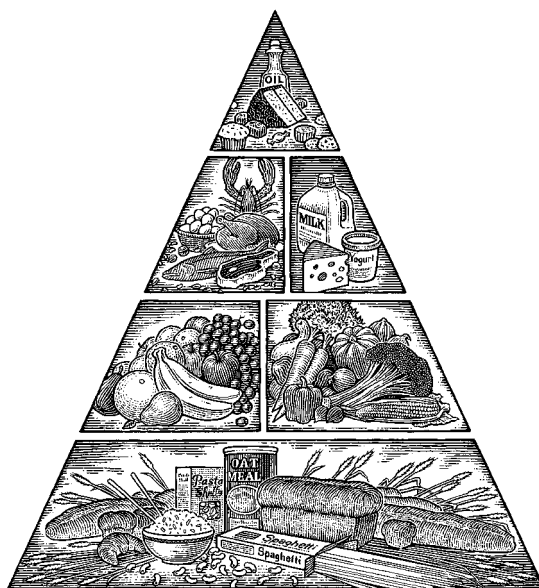
After lunch we were entertained and encouraged by our last speaker, Linda Zeiger. She acted out a skit that rang all too true for many of us-trying to do too much in too little time. She gave us pointers on figuring out what the truly important things in our life are, and focusing our efforts on those things. She suggested trivial things sometimes take over our lives and cloud our ability to see the big picture. Some of her ideas for taking charge and getting focused included making "To Do" lists with the top priorities at the top, tackling important tasks when we are at our best, and the best advice of all, learning to say "no" when we need to and holding firm to that decision.

Judging by the evaluations, the meeting was well received except for it being a little cool. The meeting was in a beautiful, newly constructed facility that unfortunately was on the chilly side due to internal environment controls that were not quite tweaked enough yet. Nonetheless we were treated to a well set-up facility and the best lunch ever! I know there were several requests for the Sunshine bars that were good tasting and healthy!

A big thank you goes out to all the Marshalltown staff for their hospitality!

Submitted by Cathy Gehris

SNAI Nutrition Chair



NEEDS SURVEY for SNA IOWA 2006-2007

1. What method do you prefer we use to send information to you from our organization? What location do you prefer, home or work place? Number your top 3 preferences overall with "1" being the most preferred location and method.

HOME _____	OFFICE _____	Traditional mail
_____	_____	E-mail
_____	_____	SNAI website
_____	_____	Other (please specify)

2. Do you belong to a district chapter? _____ Name of chapter _____

3. If yes, is your chapter active at this time? _____

4. Do you have SNA certification? _____

5. Do you know what SNA certification is? _____ Would you like to get information on becoming certified? _____

6. How long have you worked in school food service? _____

7. Do you consider yourself to be a school foodservice professional? _____

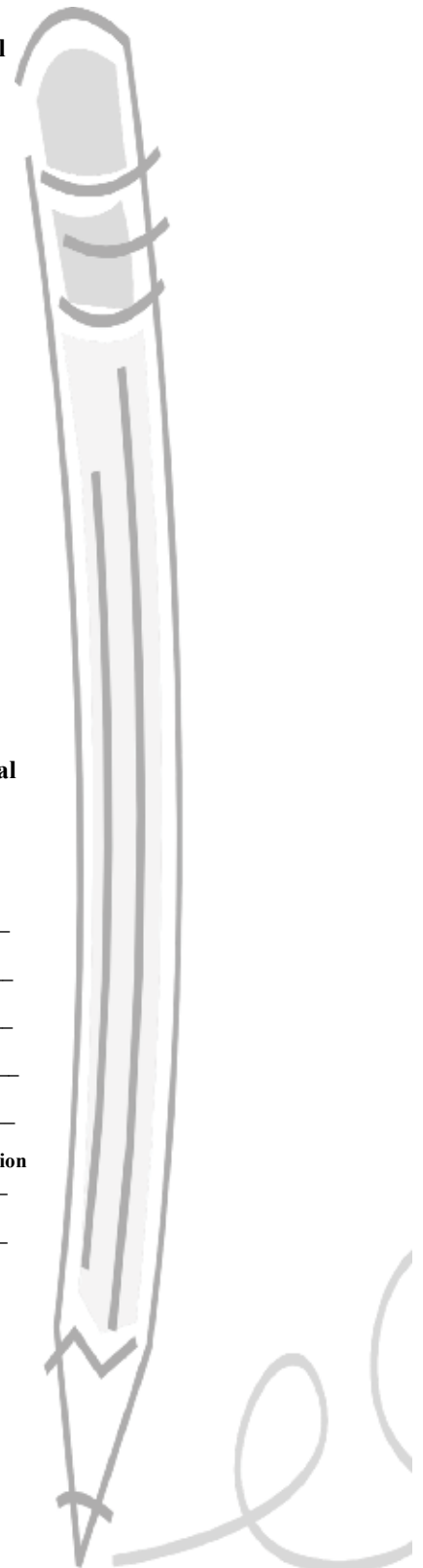
8. What areas interest you or are important to you when we offer training or informational seminars? Please indicate which of the following topics interest you most using 1 as the highest choice and 5 as the lowest interest. Please feel free to make additional suggestions/requests.

Food Intolerance _____	Sanitation _____	Food Safety _____
Food Allergies _____	Regulations _____	SMI Review _____
General Nutrition _____	Special Diets _____	Wellness Strategies _____
Personal Wellness _____	Customer Service _____	HACCP _____
Team Nutrition _____	Cooking Demos _____	Team Building _____
Interpersonal Skills _____	Recipe Exchange _____	Interpersonal Communication _____
_____	_____	_____

FAX YOUR RESPONSE TO: Norma La Mantia 1-563-359-4139

MAIL TO NORMA AT HER BUSINESS ADDRESS:
 Norma La Mantia, SNAI Association Manager
 3232 Fernwood Court
 Davenport, IA 52807

THANK YOU FOR YOUR TIME!!!!!!!



Make Plans To Attend A District Workshop

Dates and locations for the spring district workshops are included on the registration form found in this issue of the FLASH!

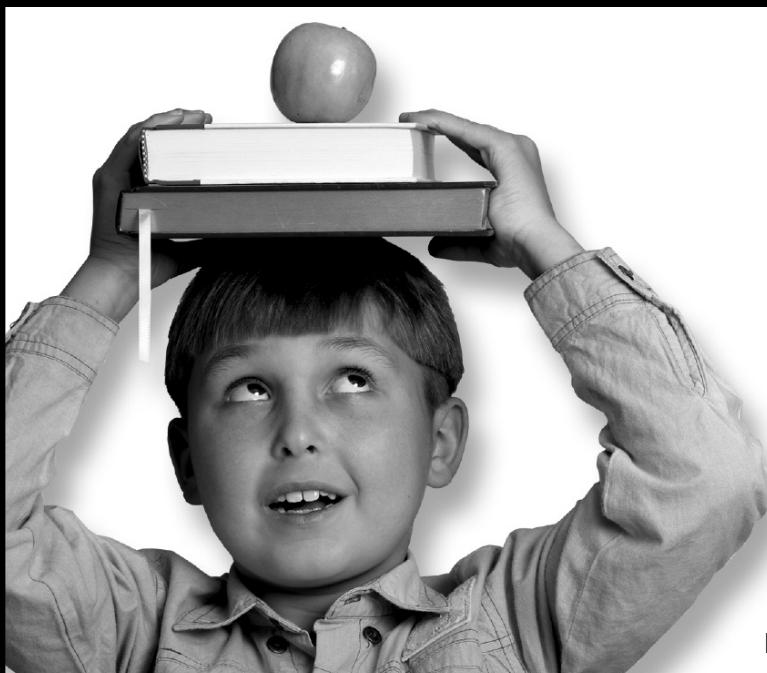
Members are welcome to attend any of the locations for the workshop, but efforts were made to locate a workshop in each of the districts so members will not have a long distance to travel. If a date at another location works better for you, feel free to attend wherever it works into your schedule the best! Topics to be covered in this workshop are the result of suggestions from members state-wide. Our goal was to try and plan the programs as similarly as possible so all members, no matter where they attend a workshop, are exposed to the same information.

A representative from the Bureau of Nutrition Programs and Transportation will travel to each location to present a program on the ins and outs of the **Healthier US Challenge**. When they are finished with their presentation we will all know what to do to get our school recognized in this nation-wide program. We have secured a video tape on customer service which was one of the most requested topics by members. The logistics and cost of sending the professional presenter to each site was prohibitive, but the video tape will provide uniformity of information at the workshops as well as a resource that can be shared after the workshops at local meetings, too. Keep it in mind when you are planning next year's meetings. Since our wellness policy goals include serving more fresh fruits and vegetables in our school meals, a chef or other trained food service professional will be sharing ideas on how to quickly and efficiently prepare fresh fruits and vegetables to offer our Iowa students. Members are encouraged to bring copies for standardized quantity recipes used at your schools for menu items that are healthy and use fresh fruits and vegetables, have whole grains added or a reduction in fat, sodium, sugar. These will be shared during lunch. Don't be shy.....bring a recipe and share it!

Finally, since we are all hard workers that have some repetitive motion involved (such as when scooping cookie dough, serving or opening cans, etc.) we thought it would be beneficial to have a physical therapist come and help us with suggestions for preventing work related injuries as well as exercises for keeping our muscles in good shape when we stand in place for long periods of time on hard floor surfaces.

Make plans to join us at one of the workshops. It will increase your professionalism, teach you how to work smarter and not harder, provide networking opportunities, give you some fun ideas, and best of all help us fulfill our association's mission: **TO ADVANCE GOOD NUTRITION FOR ALL SCHOOL AGE CHILDREN IN IOWA** .

Martin Bros. Wellness Workshop



Martin Bros. Wellness Workshop provides you with the tools necessary to create your school's wellness policy. As your foodservice partner, it is our mission to serve you with innovative solutions. School foodservice is ever-changing and we want to help you meet both the nutritional needs of your students and your need for a successful foodservice program. The tools on this site are designed to provide you with resources to accomplish a successful school wellness program.

Contact your Martin Bros. Sales Representative for more information.

Martin Bros.
Inspired to create a difference

martinsmart.com
1-800-847-2404

FULL-LINE FOODSERVICE DISTRIBUTOR
Operations Center • 406 Viking Road, Cedar Falls, IA 50613
Marketing Center • 6623 Chancellor Drive, Cedar Falls, IA 50613
Solutions Center • 312 Viking Road, Cedar Falls, IA 50613

State-Wide Nutrition Workshops

Sponsored by School Nutrition Association Iowa and Bureau of Nutrition Programs and Transportation

Interest group: All school food service personnel

Time: Registration is from 8:00am to 8:30am (Check at the individual site to make sure this has not changed due to scheduling constraints at the site)
Program will begin promptly and conclude with CEU reporting at 2:45pm.

Cost: \$20.00 per person.
Non-Member and Walk-in registrations the day of the workshop will cost \$25.00 per person.

Agenda: 8:30am -10:00am Healthier US Challenge/Team Nutrition/new 5A Day campaign-Bureau staff
10:00am Break
10:15am – 11:30am Customer Service Part I
11:30am – 12:15pm Recipe Exchange and Lunch
(prizes available for every school that brings copies of a standardized recipe to exchange)
12:15pm – 1:00pm Customer Service Part II
1:00pm – 1:45pm Preventing workplace Injuries-physical therapist
1:45pm – 2:00pm Stretch Break
2:00pm – 2:45pm Quick Preparation of Fresh Fruits and Vegetables for School Kids-chef

Locations and Dates:

District I
Saturday, April 14th, 2007
Oelwein Middle School
300 12th Ave. S.E.
Oelwein, IA 50662
Barb Sanders 319-283-3536
Cathy Caldwell 563-323-1046

District II
Saturday, February 24th, 2007
College Community High School
401 76th Avenue
Cedar Rapids, IA 52404
Julie Hauser 319-848-5215

District III
Saturday, March 10th, 2007
Callanan Middle School
3010 Center Street
Des Moines, IA 50312
Kathy Nervig 515-264-0866

District IV
Saturday, March 3rd, 2007
Humboldt High School
1500 Wildcats Road
Humboldt, IA 50548
Vicki Trunkhill 515-332-3612
Mary Curtis 641-754-1090

District V Site 1
Saturday, March 17th, 2007
Harlan High School
Stephena Kallemeyn 712-792-8001

District V Site 2
Saturday, March 31st, 2007
South O'Brien School
216 S. Rutledge
Paullina, IA 51046
Julie Sampson 712-949-2115

Other important information: Basic directions to the workshop sites provided upon request/receipt of registration either from the site contact person or the SNAI website: WWW.snaiowa.org

There are 5 CEU's being offered for completion of the workshop.

Mail checks PAYABLE TO SNAI: Norma La Mantia
3232 Fernwood Court
Davenport, IA 52807

Have questions? Please call or e-mail: Cathy Gehris
cgehris@regina.pvt.k12.ia.us
1-319-338-5436 VM # 130

*****CUT HERE AND MAIL BOTTOM PORTION*****

NAME: _____ Please list others attending: _____
SCHOOL: _____
ADDRESS: _____
PHONE: _____
EMAIL: _____

\$20.00 per person X _____ = \$ _____
\$25.00 per person X _____ = \$ _____
Registration for meeting at: _____

Letter from the desk of Midwest Region Director

I send greetings and best wishes for a Happy New Year to each Iowa member. What a busy year, it has been for the states in the Midwest Region. Each of our state leaders have been busy planning activities, conducting executive board meetings, attending meetings and keeping in touch with members in their respective states. Congratulations to the SNA Iowa leaders for a great year!

I had the pleasure of attending SNA Committee Days in Bethesda, Maryland in mid-October. We are so fortunate to have such talented staff members at SNA headquarters. We are fortunate in the Midwest to have so many qualified school nutrition professionals serving in leadership positions in SNA. We are very fortunate to have Katie Wilson (WI) serving as SNA Vice President and Leah Schmidt (MO) serving as Member Services Committee Chair. I want to extend a special thank you to committee members from the Midwest: Public Policy & Legislation Committee, Cindy Hormel (MO), Education Committee, Peggy Eller (WI), Nutrition Committee, Alida Herling (WI), Resolutions & Bylaws, Joni Ralph (WI), Member Services Committee, Paula Kullman (MO), Research, Elizabeth Hanna (IA), Nominating Committee, Carmella Schmidt (WI) and Certification & Credentialing, Connie Mueller (IL). A very special thanks to Ruth Jonen for her outstanding leadership as SNA Child Nutrition Foundation President. We are very proud of each of our Midwest leaders. Thank you for all the time and talent that each of you share with the SNA membership.

On October 17th, Child Nutrition Foundation President Ruth Jonen and SNA President Janey Thornton held a first-ever "Call to Action" conference call regarding new activities that the SNA Foundation is taking on this year. Ruth and Janey delivered a challenge to the State Associations for 100% participation in support of the CNF Annual Fund by donating \$1.00 per member. This new State Association Challenge replaces the Penny-A-Day contest. I encourage SNA Iowa to support this new venture for CNF.

Are you participating in the SNA Annual Membership Campaign, "It's Your Time to Shine"? SNA is proud to be celebrating its 60th anniversary. You can recruit and reap the rewards! The campaign runs from June 1, 2006 to May 31, 2007. Encourage others to join SNA during the campaign and become part of a respected team dedicated to feeding America's future. For every school foodservice professional you sign up as a member during the campaign dates, your name will be entered into a prize drawing to be held at the 2007 ANC in Chicago, July 15-18. Spread the word about SNA.

The Child Nutrition Industry Conference in Tucson, AZ will be held January 14-16, 2007. There are lots of interesting and informative sessions planned for this meeting. CNIC is noted for its action-oriented program and presentations. This year's presentations will continue to address the inherent business dynamics and challenges in child nutrition operations. Topics include Supply Chain Relationships, Marketing to Our Most Important Customers: Kids!, Financial Pressures in School Feeding, Q&A with CN Directors, and **What's New for You Sessions**.

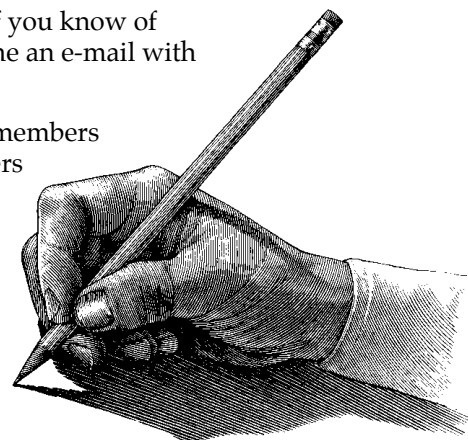
SNA's 35th Legislative Action Conference(LAC) will be held March 4- 7, 2007 at the JW Marriott Hotel in Washington, D.C. Charlie Cook will be one of the keynote speakers. Visits to Senators and Representatives on Capitol Hill will be made by the respective state delegations on Tuesday, March 6, 2007. This will be another great conference to attend.

SNA will be participating in the "Walk for the World, Fight Hunger" event on May 13, 2007. This event is organized by the World Food Program. I am asking that each state leader encourage your state to get involved in this event. Additional information will be sent to state leaders in the near future.

SNA is looking for motivated, innovative, creative leaders to serve on the national level. We need to identify potential candidates to run for the positions of Vice President, Secretary/Treasurer, Nutrition Committee Chair, Foodservice Employee/Manager Representative, State Agency Representative, Member Services Committee Chair and Midwest Region Nominating Committee Representative on the 2007 ballot. If you know of someone who would be a good candidate for one of these positions, please send me an e-mail with their name and contact information.

In addition to identifying individuals for the ballot, we need to identify Midwest members willing to serve in an appointed position on committees open for 2007-08. Members of a committee shall have expertise or interest in the subject area of the committee on which they serve. All committee members must be active members and must be SNA certified and/or credentialed. Happy New Year! Have a great rest of the year. And thank you for allowing me to represent you and our members on the SNA Executive Board. This is truly an experience of a lifetime. As you continue to plan your year, please contact me at any time if I can be of assistance.

*Teresa Nece, SFNS
Midwest Regional Director*



SCHOOL NUTRITION ASSOCIATION

DATES TO REMEMBER

Date	Events and Meeting	Location
February 16	SNA Executive Board Meeting	West Des Moines Learning Center
March	5-9	National School Breakfast Week
March 4-7	Legislative Action Conference	Washington D. C.
April 17-19	SNA New Leadership Training	Williamsburg, Virginia
April 19-21	SNA National Leadership Conference	Williamsburg, Virginia
May 1-5	Child Nutrition Professionals Appreciation Week	
June 18-20	SNA Iowa Conference	Dubuque, Iowa
July 15-18	SNA Annual Conference	Chicago, Illinois

Date	Association Deadlines	Contact
March 1	Heart of the Program entries due	Diana Weber
March 1	Outstanding Director of the Year entries due	Diana Weber
March 1	Louise Sublette Entries due	Diana Weber
March 15	Heart of the Program state winner due	Teresa Nece
March 15	Louise Sublette state winner due	Teresa Nece
March 15	Outstanding Director of the Year state winner due	Teresa Nece
March 16	Spring FLASH report deadlines	Suzu Ketelsen
April 15	Scholarship applications due	Laurie Crane
April 15	100% Certification and Membership Award application due	Diana Weber

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SCHOOL NUTRITION ASSOCIATION IOWA

Budget/Expense report for period July 1, 2005 through June 30, 2006

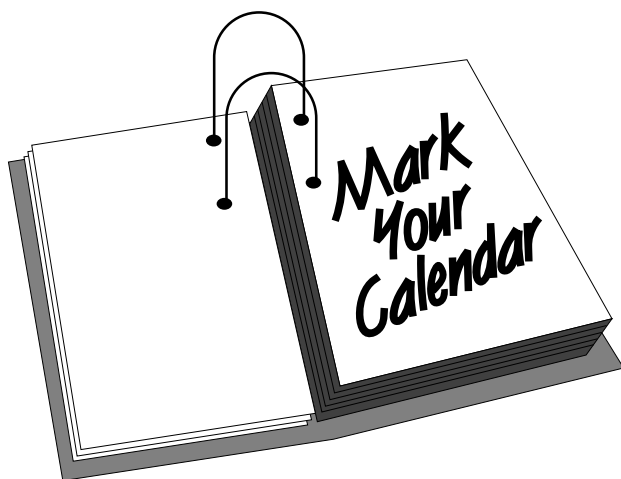
(12 months or 100% of the fiscal year)

CATEGORY	INCOME BUDGET	INCOME ACTUAL	EXPENSE BUDGET	EXPENSE ACTUAL
State Conference	80,000	82,728	40,000	44,430
District Workshops	2,600	3,308	1,000	2,630
Nutrition Seminar	2,500	2,525	1,000	993
Web Updates			1,500	2,072
Board Meetings			2,500	2,840
National Leadership Conference			5,000	4,078
State Leadership Training			2,500	3,197
Clerical Support			250	
Audit/Tax Preparation			2,500	500
Annual Nutrition Conference			4,000	3,858
Legislative Action Conference			6,500	7,779
Insurance			4,000	2,393
Publications	2,000	1,500	2,500	1,130
Membership Dues/Marketing	4,500	2,908	1,500	1,063
Interest	3,000	4,820		
Miscellaneous		1,032	1,500	1,086
Allied/Exhibits			800	1,351
Association Manager			15,000	15,000
Bank/Credit Card Fees			150	269
Office Expense/Manager			1,000	1,663
Postage & Shipping				628
Scholarships			600	
Association Manager Training			800	909
TOTALS	\$94,600	\$98,821	\$94,600	\$97,869

FY 2006 Net Profit \$951.94

Mark Your Calendars!
***School Nutrition Association Iowa
State Conference 2007***

Grand Harbor Resort and Water Park
Dubuque IA
June 19 & 20, 2007



***FLASH* Deadlines**

Please submit your articles or photos for publication in the next FLASH:

Electronic submissions are preferred. Please send to sketelsen@cr.k12.ia.us

Otherwise:

Food and Nutrition Department
615 G Avenue NW
Cedar Rapids, Iowa 52405

Deadlines are:
Spring Issue – March 16, 2007

Continuing Education Prior Approval Chairperson

Contact Cheryl for prior approval on continuing education sessions. Forms are available on the web or contact her.

PRIOR APPROVAL

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Capturing Moments at the Statewide Nutrition Seminar



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